

**GOVERNMENT OF ANDHRA PRADESH
HEALTH, MEDICAL AND FAMILY WELFARE DEPARTMENT**

ORDER NO.49/ COVID-19

Dt.14 -05-2020

Sub COVID-19–Discharge of patients cured from COVID-19 - Further guidelines issued-Reg.

Ref 1. COVID-19 instant order No. 31, Dated:19.4.2020
2. Revised Discharge Policy for COVID-19 communicated by MOHFW, GOI.

COVID INSTANT ORDER - 49

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In view of the revised discharge policy communicated vide reference 2nd cited, following further guidelines are issued for discharging patients cured from COVID-19.

1. Cases that require RT-PCR Test before discharge

Patients suffering from severe disease and clinically recovered from illness shall be subjected to RT-PCR and discharged if they are tested negative (after resolution of symptoms).

2. Cases that require TRUENAT Test before Discharge

A. Mild/very mild/pre-symptomatic cases

I) Mild/very mild/pre-symptomatic cases admitted to a COVID Care Center will undergo regular temperature and pulse oximetry monitoring.

a) The patient can be discharged after 10 days of admission without any symptoms.

b) The patient can be discharged after 14 days if patient had a fever or symptoms with 3 days asymptomatic period preceded.

II) At the time of discharge, patient will be advised to follow home isolation for further 7 days as per guidelines.

B. Moderate cases

I) Cases clinically classified as “moderate cases” will undergo monitoring of body temperature and oxygen saturation. If the **fever resolves within 3 days** and patient maintains saturation above 95% for next **4 days** (without oxygen support), such patient will be discharged after 14 days from date of admission or 5 days of asymptomatic period preceded whichever is applicable.

a) Absence of fever without antipyretics

b) Resolution of breathlessness

c) No oxygen requirement

after resolution of clinical symptoms and ability to maintain oxygen saturation for 3 consecutive days.

- III. At the time of discharge, the patient will be advised to follow the home isolation for 7 days

After discharge from the facility, if the discharged patient again develops symptoms of fever, cough or breathing difficulty he shall be advised to contact the COVID Care Centre or State helpline (104).

All the District Collectors, Superintendents of Government and Private COVID hospitals are requested to take immediate necessary action for implementation of above guidelines with immediate effect.



SPECIAL CHIEF SECRETARY TO GOVERNMENT

Encl: Flow chart.

To

1. Commissioner of Health & Family Welfare, Vijayawada.
2. The District Collectors & District Magistrates
3. The Superintendents, Government and Private COVID-19 Hospitals
4. The Vice Chancellor, Dr. NTRUHS
5. The Director, Medical Education, Vijayawada
6. Commissioner, AP Vaidya Vidhan Parishad, Vijayawada
7. Director Medical, Health and Family Welfare

FLOW CHART SHOWING THE REVISED DISCHARGE PROTOCOL

(ANNEXURE)

Revised Discharge Policy for COVID-19

